

ELDERS
Greg Conley 836-2833
Greg Hall 325-4255
J.C. Hughes 836-4639
Mark Parks 831-3081

MINISTER
Mark Day
office: 606-833-9757
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ASSOC. MINISTER
Jerry Sturgill
606-831-2061

DEACONS
Brad Morris
Nathan Parks
Chris Scott
Jerry Sturgill
Matthew Vonderheide
Steve Wallace

SERVICES
Sunday Bible Study 9:45am
Morning Worship 10:45 am
Evening Worship 6:00 pm
Wed. Bible Study 7:00 pm

WEB PAGES:
www.flatwoodschurch-ofchrist.org and
www.flatwoods bible-institute.org

CHURCH PHONE
(606) 836-4207

MISSIONS
-Virgil McIntosh
Jackson, Ky.
-Alton Norman
Owingsville, Ky.
-David Howard
Boulder, Co.
-Dustin Bolks
Sioux Center, Ia.
-Dahn Ramkelawan
Suriname, So. America
-Michael Mayo
Thailand, SE Asia

SEARCH TV
Sundays 7:30 am (on Fox)

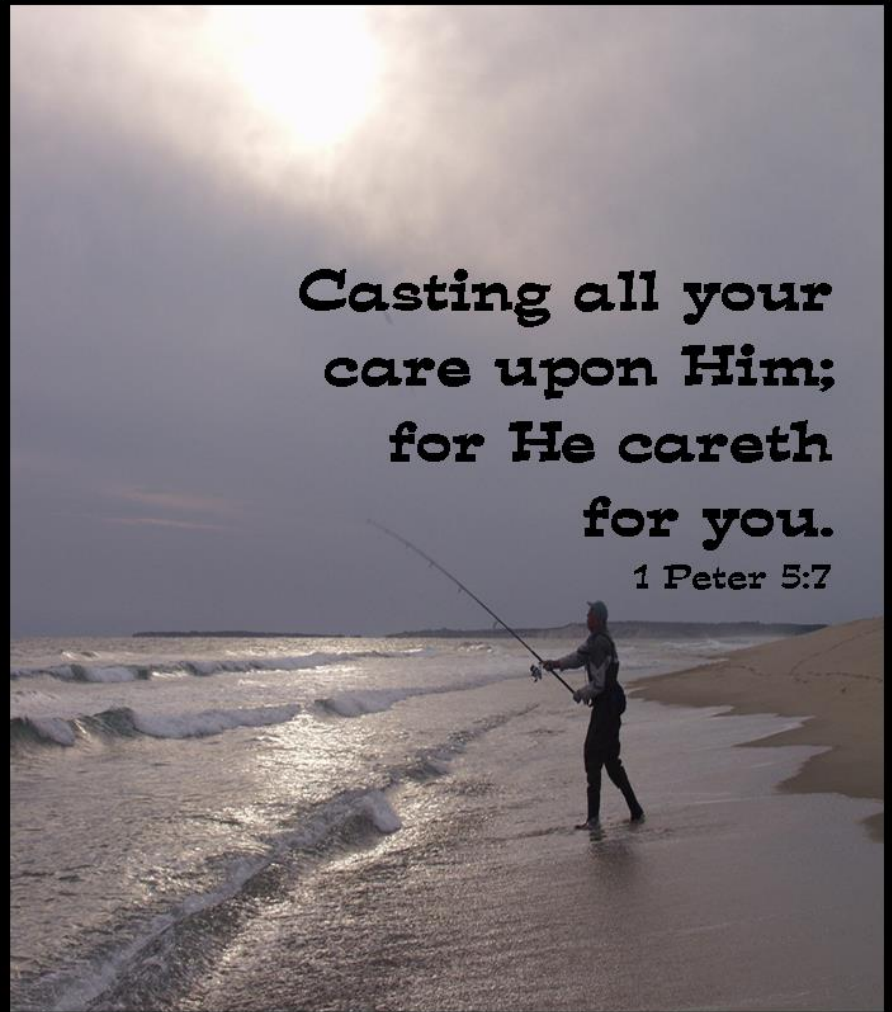
FLATWOODS CHURCH OF CHRIST
HERALD

PO Box 871, 2100 Argillite Rd, Flatwoods, KY 41139

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No. 02

January 10, 2016



**Casting all your
care upon Him;
for He careth
for you.**

1 Peter 5:7

We offer FREE: 4 Bible correspondence course series by mail:
an 8 lesson series by Hurt, a 6 lesson series "Acts Of The Apostles"
by Pharr, the "Studies In The Bible" 30 lesson series, and the
20 lesson series "Getting To Know Jesus" by Pharr. Let everyone know!

For Your Stomach

Paul instructed Timothy to, “Drink no longer water, but use a little wine for thy stomach’s sake and thine often infirmities” (1 Tim. 5:23). What was the “wine” Timothy was to take?

The English word “wine” does not prove that this was alcoholic for it often appears in the Biblical text to indicate unfermented grape juice (Gen. 49:11; Isa. 16:10; 65:8; Prov. 3:10; Amos 9:13-14; et. al.); furthermore, the underlying Greek word *oinos* that is translated wine in 1 Tim. 5:23 is also a generic term that can refer to alcoholic wine or unfermented grape juice.¹

Paul directed Timothy to “use a little wine” for medicinal purposes: that is for his stomach troubles. If alcoholic wine is what Paul meant by a little *oinos*, then this text certainly does not teach that we today can use alcoholic beverages for pleasure, rather it indicates that Timothy abstained from alcohol and had to be directed to take some for medicinal purposes. This is consistent with Paul’s earlier statements in the same epistle that elders and deacons should “not to be given to wine” (1 Tim. 3:3, 8), (one quality leaders must exemplify among many listed in 1 Timothy 3 that all Christians should possess).

However, it seems more likely that this remedy for Timothy’s stomach issues was nothing other than unfermented grape juice. While alcohol may have helped if Timothy was in serious pain or had trouble falling asleep at night, it would do nothing good for his stomach. On the medicinal quality of grape sugar, Ernest Gordon concluded “no better medicine for Timothy’s stomach and chronic infirmities could have been recommended by Paul than the juice of the grape,” further noting:

The body maintains the concentration of grape sugar in the blood at a constant low level (from .98 to 1.45). Beyond this point there is no increase even if 50 to 100 grams is taken in through the mouth. For the liver absorbs any excess from the blood and stores it as glycogen, to be released as required by the body.²

In our modern times, with the ubiquity of hard liquor, we are all too familiar with what high levels of alcohol in the bloodstream do to the body. The body has no such protective mechanism for the poisonous effects of alcohol; eventually the blood will attain a fatal concentration. This difference is due to the fact that our digestive system is better designed to handle grape sugar than alcohol. Unfermented grape juice would seem to help Timothy’s stomach if he took a little instead of drinking water exclusively, but the potential problems his digestive system would encounter by drinking alcohol would far outweigh any conceivable medical benefits to his stomach. —Mark Day

¹*Oinos* is used by the Septuagint, a Greek translation of the Old Testament, in Isaiah 16:10 to refer to the juice that comes out of the winepress.

²Ernest Gordon, *Christ, the Apostles, and Wine* (Philadelphia, 1947) pp. 27-28.

News & Notes



Sermons Today

AM- *"The Christians Calling"*
 PM- *"God Cares About Your Cares"*
 Scripture Reading: 1 Peter 5:7

New Members

On Sunday, January 3rd, David and Miranda Trimble placed membership with our congregation. Their address is 3226 Woodbine Place, Ashland, KY 41102. Their home phone is (606) 922-9757. They will be working with our youth. Also, Jerrad and Amanda Nickell placed membership. They have 3 children, Abigail, Trever and Isabel. Their contact information will be in next week's bulletin. Please, make these 2 families feel welcomed.

Dates to Remember

- Jan 10– Lads to Leaders registration deadline
- Jan 12– Prime-timers– 10am- annex
- Jan 17– elders, deacons, preachers meet-4:30p
- Jan 17– youth devotional-annex– 7p– hosted by Brad & Jennifer Morris
- Jan 19– Prime-timers– 10am- annex
- Jan 23– Lauren Conley Babies Shower– 1p– annex
- Jan 24– guest speaker– Ralph Brewer, Potter Children's Home Executive Director
- Jan 26– Prime-timers– 10am- annex
- Jan 29– Ladies Luncheon–O'Charley's– 12:30p
- Jan 30– Ernie & Sharon Perry's 50th Wedding Anniversary celebration– annex- 5p-7p
- Jan 31– 5th Sunday, Preachers Answer Your Bible Questions

Guest Speaker Jan. 23rd

On Sunday, January 23rd, Ralph Brewer, the Executive Director of the Potter Children's Home & Family Ministries, will give a presentation at 9:45am and preach the morning sermon.

Babies Shower

On Saturday, January 23rd, at 1pm, you are invited to a Babies Shower for Lauren and Jordan Conley who are expecting twin girls. The shower will be given in the annex by Denise Smith, Beverly Conley, and Jennifer Morris. Lauren is registered at Wal-Mart, Amazon.com and Babies-R-Us.

50th Anniversary Invitation

Everyone is invited to join Ernie and Sharon Perry celebrate their 50th wedding anniversary on Saturday, January 30th. The event will be in the annex from 5 to 7pm. RSVP on the foyer board.

Gratitude Expressed

The family of Jean Ball would like everyone to know how much they appreciated all the food that was prepared during Jean's illness and for the family bereavement meal.

Memory Verse Challenge

In 2016, everyone will be given an opportunity to participate in a new memory verse challenge almost every week. Every Sunday evening sermon will be based on one verse, the memory verse for that week. You may say it to another member who will sign this space with you or write it in the block and sign it, then turn it in at the office desk.

**Have you contacted
a shut-in lately?**

**Why not
today?**



Gauging Our Faith

	01/03/16	Goal	01/04/15
Bible Study	105	110	77
AM Worship	149	150	130
PM Worship	91	110	nc
Mid Week	88	110	78

☞ Today's Servants ☜

WELCOME:

AM/PM: Mark Parks

SONG LEADER:

AM: Brad Morris

PM: Steve Wallace

FIRST PRAYER:

AM: Bob Tushay

PM: J.C. Hughes

LORD'S TABLE:

Presiding AM: Jordan Conley

Assisting: Nathan Adkins,
Bobby Edmonds, Lowell Parsley,
Michael Perry, Mitch Stafford,
Tim Hammond, Daniel Goshorn

Presiding PM: Mark Parks

Assisting: Roy Murphy

CLOSING PRAYER:

AM: David Smith

PM: Bobby Edmonds

☞ Wednesday Servants ☜

WELCOME: Greg Conley

SONG LEADER: Will Scott

PRAYER: Roy Murphy

DEVOTIONAL: Mark Day

☞ Weekly Servants ☜

POWER POINT: Nathan Parks

BLDG. ATTENDANT: Greg Hall

ATTENDANCE: David Castle

COORDINATOR: Brad Morris

Memory Verse

Jan 10th- 1 Peter 5:7

your name _____

witnessed by _____

January preview:

Jan 17th- 1 Cor. 10:12

Jan. 24th- Phil. 4:8

Jan. 31st- 5th Sunday Q&A

★★★ Youth Notes ★★★

★★★ Every Sunday ★★★

Pew Packers at 5:45pm

in the front of the auditorium

-geared to age 12 & under,

but everyone is invited to attend.

Boys: have a song ready to
lead for the group.

★★★ Jan. 17th ★★★

Youth Devotional

annex- Brad & Jennifer Morris host

-Bring a snack and a soft drink
to share

